



Southern California's Premier
**ROAD BIKE
BOOT CAMP**

Road Bike Sizing Guide

Determining Your Road Bike Frame Size

Height	Inseam Length	Bike Frame Size
4'10" - 5'1"	25.5" - 27"	46 - 48 cm
5'0" - 5'3"	26.5" - 28"	48 - 50 cm
5'2" - 5'5"	27.5" - 29"	50 - 52 cm
5'4" - 5'7"	28.5" - 30"	52 - 54 cm
5'6" - 5'9"	29.5" - 31"	54 - 56 cm
5'8" - 5'11"	30.5" - 32"	56 - 58 cm
5'10" - 6'1"	31.5" - 33"	58 - 60 cm
6'0" - 6'3"	32.5" - 34"	60 - 62 cm
6'2" - 6'5"	34.5" - 36"	62 - 64 cm

